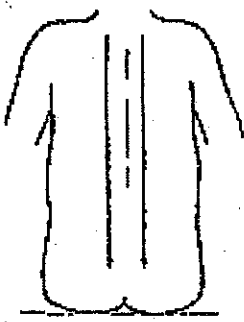
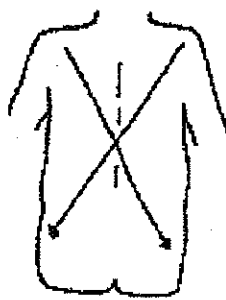


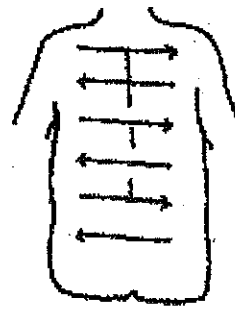
### Massage Techniques



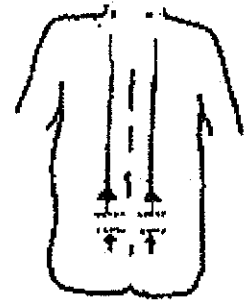
Effleurage



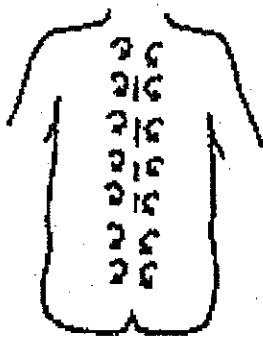
Crisp cross



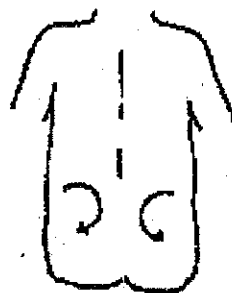
Ironing



Skin roll



Circular friction



Rocking

### Abdominal massage

